



The 2-Minute Multiplier

Small moments that shape great
leaders.

The 9th Multiplier



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This Week's Action:



**Make eye contact and nod
when listening**

**Your body listens
before your words do.**

Why this matters

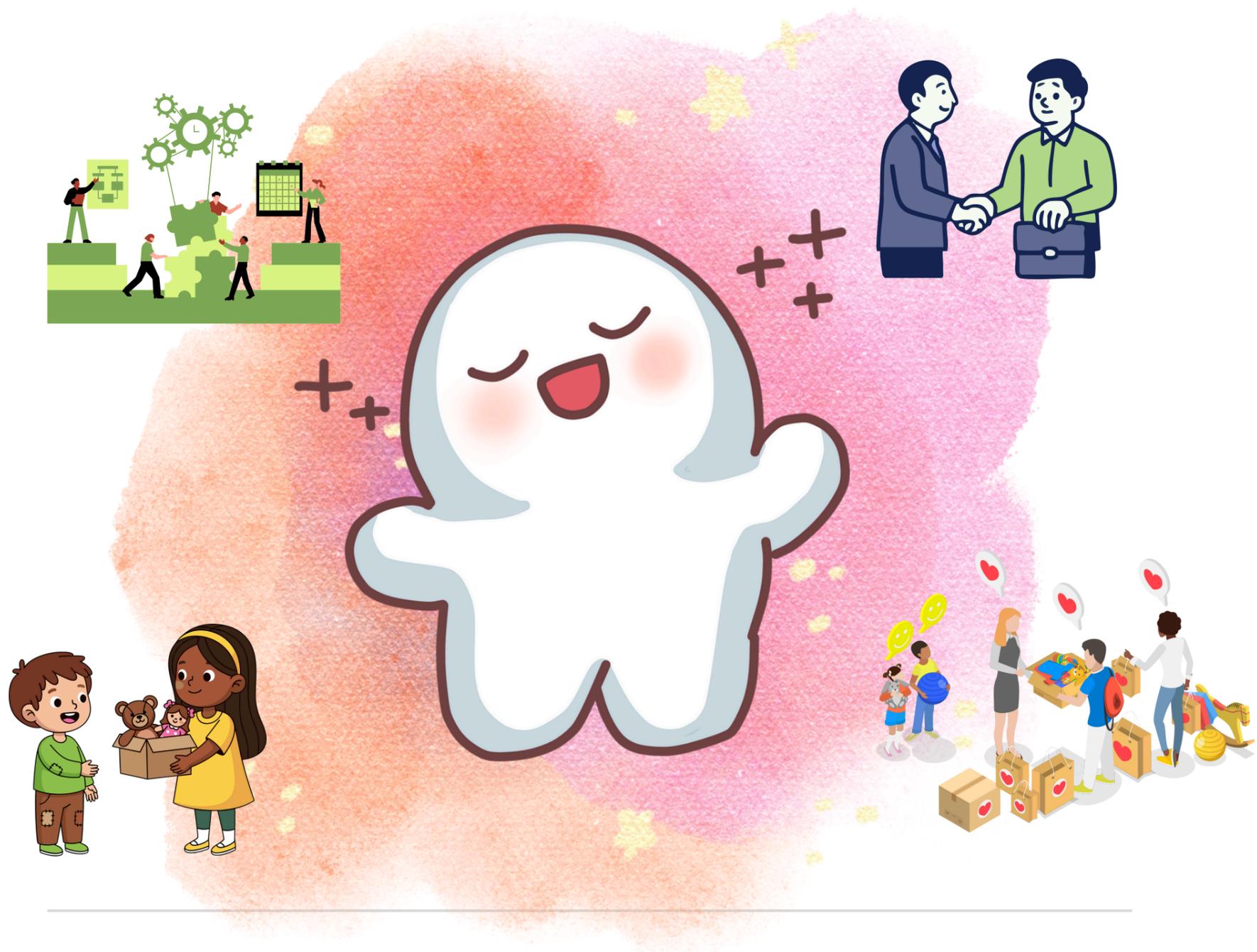
Behavioral psychology shows that non-verbal cues like eye contact and nodding signal safety and attention.



They activate mirror neurons, making people feel understood even before a response is given.

The Multiplier Effect

When people feel heard,
they speak more clearly
and with greater confidence.



Listening multiplies into alignment,
reduced misunderstandings,
and faster decision-making.

Try it today!

**In your next conversation,
put the phone away.**

Maintain eye contact. Nod to acknowledge.



**Notice how attention
multiplies into engagement.**



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to grow into the
leader you once
wished you had.**

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